Behavioral Health Clinical Guideline Updates for 1/1/27 – 12/31/27

20.5.001 Repetitive Transcranial Magnetic Stimulation for Treatment of Major Depression

- Added criteria for theta burst TMS (iTBS).
- Added statement on EEG guided TMS.
- Seven (7) references added.
- Updated Summary of Evidence.
- Reordered content for clarity.

20.5.002 Electroconvulsive Therapy (ECT)

- No change to criteria.
- ECT initiation requests requirements revised.

20.5.004 Psychological and Neuropsychological Testing Criteria

- Revised policy to reflect the 2026 Psychological and Neuropsychological Testing Billing and Coding Guide
- Updated one (1) reference.
- Removed one (1) reference.
- Updated summary of evidence.

20.5.005 Applied Behavior Analysis for the Treatment of Autism Spectrum Disorder

- Added explanation of medical necessity.
- Expanded comprehensive care description.
- Added information regarding services outside of home/clinic, caregiver training, and discharge planning.
- Added three (3) continued stay criteria related to measurable progress and ongoing demonstration of medical necessity.

20.5.007 Applied Behavior Analysis for the Treatment of Autism Spectrum Disorder for Federal Employees

- Added explanation of medical necessity.
- Expanded comprehensive care description.
- Added information regarding services outside of home/clinic, caregiver training, and discharge planning.
- Added three (3) continued stay criteria related to measurable progress and ongoing demonstration of medical necessity.